



OCTOBER 2017

Green Valley | Sahuarita Volunteer Clearinghouse
A Project of Pima Council on Aging

Amateur astronomer, interest in the cosmos?

Volunteer docents are needed at Kitt Peak. Training sessions begin October 10. Shuttle transport from Tucson or from Ajo Way is provided!
Judith, jrankins@NOAO.edu, 520-318-8736.

Be a Lifesaver! Red Cross Blood Drive Volunteers are needed to care and service blood donors at our drives in Pima County. Drivers needed to transport life-saving blood products for patients in need.
Lisa, Lisa.Jenk@redcross.org, 480-352-3146.

Call for Volunteers for the 4th Annual Mitzvah Day on Friday, November 3, 2017. Register online at www.gvsmitzvahday.org. Join 150 other volunteers to support over 30 non-profit organizations in our community.

Be a helper to people with macular degeneration! Valley Assistance Services will match you with those who need drivers for doctor appointments and grocery store visits. Edith, 520-625-5966.

Green Valley Sheriff's Auxiliary Volunteers (SAV) "Neighbors helping neighbors; that is who we are." We have many different volunteer opportunities. Please stop by our office at 601 N La Canada Dr., Green Valley, AZ or look for an application at GVSAVrecruiting@yahoo.com.

Be a Friend in Deed! Volunteers needed to drive our minivan (dr. appts, Walmart, food bank, etc.) and trip schedulers for the transportation program. Trip schedulers must be computer literate. Madeline, opsdirector@fid-gv.org.

Animal League of Green Valley needs volunteer help with pick-up and delivery for the Attic Thrift Store, plus cleaners for the dog and cat areas and dog walkers. We could use your help in our IT Department if you know Excel/Access. Kim, 520-223-3955, finallymrsense@aol.com.

Support a thrift shop! Equine Voices needs volunteers for Gulliver's Boutique & Thrift Shop in our new Tubac location at 6 Otero Place: retail sales, inventory, and display. April, 520-398-2814, april@equinevoices.org.

Volunteers are needed to perform safety checks for vulnerable citizens, install lockboxes, smoke alarms and batteries, provide administrative assistance to the fire district, and relocate deserts pests. 520-625-9438, www.qvfire.org.

Help welcome our immigrants ... Global Family Legal Services needs a grant writer/fundraiser who can assist us with donations; a Spanish speaking receptionist, and a part-time "paralegal" or lawyer to assist serving our immigrant clients, 520-398-3388, veritas@qflsfamily.org.

Greet guests and answer the phones at the Tubac Center of the Arts (TCA)! Or volunteer in our Gallery and Gift Shop. Thursdays and Fridays, 10am to 4:30pm. Bonnie, bonnie.jaus@gmail.com.

Want to pay it forward? Valor HospiceCare volunteers make a difference! Opportunities in patient and non-patient settings. Volunteer as little as you wish. Connie, Green Valley 520-399-0200 or Tucson 520-615-3996.

Volunteer at La Posada / Casa Community Services! Posada Life Adult Day Services needs volunteers to lead activities such in music, dance, skits, crafts, storytelling or art. Be the "on-call" help for the Casa front desk. Polish residents' nails for La Posada La Joya, La Via, and La Hacienda. Help children and staff at Los Ninos del Valle. Posada Life Community Center also needs volunteers. Denise, 520-393-6834 or Barbara, 520-648-7999. www.posadalife.com

Become a Tucson Festival of Books Volunteer Recruiter: Do you have a friendly telephone voice, personal phone, persistence, computer that reads Excel files? Can you make calls two days a week for four hours from Oct 2 to Feb 28 (or earlier)? All necessary marketing materials provided. Mike, 425-306-7524, mritz@tucsonfestivalofbooks.org.

Volunteer at Historic Canoa Ranch! We are launching three new exhibits on Anza Day, October 14th, and need your help to prepare hundreds of items for placement in display cases. Tuesday, Wednesday, or Thursday; 8:30am to Noon. Valarie, 520-724-5220, valarie.samoy@pima.gov.

Learn a new skill or use your expertise! Green Valley Sahuarita Volunteer Clearinghouse needs apprentices for events, workshops, our website, Facebook, and Constant Contact. Joyce, gvsvc@pcoa.org, 520-625-1150 x 108 (Friends in Deed). www.gvsvolunteering.org

Give that special gift only YOU can give! Volunteer just two hours a week and make a difference in someone's life at Soreo Hospice. Mary, 520-547-7000, volunteer@soreo.com.

**GVSVC Office at Friends in Deed
520-625-1150 x108**

gvsvc@pcoa.org
www.gvsvolunteering.org

What do you LIKE to do?

I'm sure you have thought about it.

You realize you have extra time on your hands and the TV and surfing the net are getting a little stale sometimes. You want a little more meaning in your life. You want to wake up in the morning looking forward to something new—maybe new friends, a new challenge, a sense of accomplishment, or just the chance to get back out there and be active.

The first step when you're considering volunteering is simply asking yourself

- ◆ What you are good at ?
- ◆ What you like to do?
- ◆ You have abilities.
- ◆ You have experience.
- ◆ You have preferences.

All will make a difference in another person's life or improve this great place where you live. You just need to get pointed in the right direction.

Here are some examples of where you might fit in nicely to help your community:

I like being by myself or in small groups and usually don't like being stuck inside. I'm pretty good at anything physical or fixing things—take a look at Green Valley Gardeners, White Elephant, SAV, Green Valley Fire Corps, Habitat for Humanity, Median Green, the food banks, Friends of Madera Canyon, Cooperative Extension, Santa Rita Experimental Range.

I love animals—visit Paws Patrol, Equine Voices, Animal League, Pet VIP therapy and visitation, Humane Society.

By Mike Touzeau , GVSVC Staff Writer, GV News, 9/3/17

I'd prefer to be inside, and I enjoy conversation and meeting people. I like sharing my knowledge and expertise, maybe about history or literature or the arts, almost any kind of learning experience—check out Chamber of Commerce, Titan Missile Museum, Aerospace Foundation, Pima Air and Space, the Desert Museum, CPAC, Tubac Center for the Arts, Presidio, Whipple Observatory, the libraries, Docents of San Xavier, Friends of Canoa, Tumacacori National Historical Site, Osher Lifelong Learning.



Green Valley Gardeners volunteers doing what they love while they beautify their community.

I really like the idea of helping people in need, whether one to one or in an organized setting—ponder La Posada, hospice care agencies or mentoring kids, the schools and hospitals, Adult Learning Center, Prestige, Silver Springs, Santa Rita Nursing, Candlelighters, Court Appointed Advocates, Salvation Army, Child Parent Centers, Hand of a Friend, VAS, Friends in Deed, St. Vincent, St. Andrews, Tu Nidito, Victims Services, Red Cross.

I have a lot of experience in organizing and leading, working on a team to make changes—consider Community Emergency Response, Community Justice Boards, Lions, GV Community Foundation, GV Council, Mitzvah Day, GVR, Parkinson's Support, PCOA, United Way.

There are virtually unlimited opportunities right here in your own back yard. Volunteering can be an extremely rewarding and fulfilling experience. Do a little bit or a lot, and make it fit into your own schedule. GVSVC can help you find the right fit!

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